

## LAWNDALE FARM 2023 CSA



Our 2023 Community Supported Agriculture Share (CSA) will start the last week of July and run until the last full week of October. This year we are pleased to announce we are partnering with a local farm and will be able to offer fresh free-range eggs as part of your share if you so choose. We will also still be offering the local homemade ice cream option that we started last year. The egg option will allow you to receive a dozen eggs weekly with your share and the ice cream option would give you a pint of ice cream per week. The cost of the egg option is an additional \$85 for the season, while the ice cream option is a \$75 add on for the season.

We will have three size options available: a full share, half share, and small share. Each share consists of various fruits, vegetables, and herbs to fill a full, half, or quarter bushel basket. The price of a full share is \$800, a half share is \$475, and the small share is \$250. CSA pick ups will be made weekly on any weekday of your choosing when you sign up; sorry no weekend pickups will be available.

Below is a list of some of the fruits and vegetables you can expect to receive in your share for the summer and autumn months. Of course, availability and amounts will be dependent on weather conditions and any other uncontrollable variables which can occur during the growing season.

Broccoli	Carrots	Turnips	Summer Squash
Lettuce	Zucchini	Beets	Hot Peppers
Parsley	Potatoes	Tomatoes	Cantaloupe
Cilantro	Radishes	Spinach	Sugar Pumpkins
Onions	Apples	Swiss Chard	Heirloom Tomato
Parsley	Cabbage	Watermelons	<b>Grape Tomatoes</b>
Basil	Kale	Garlic	Winter Squashes
Corn	Beans	Potatoes	Cherry Tomatoes
Cucumbers	Cilantro	Peppers	Patty Pan Squash

Although we are not a certified organic farm, we follow Integrated Pest Management (IPM) practices. IPM is an environmental strategy focusing on prevention of pests using biological control, cultural practices, and resistant varieties. Pest control measures are applied selectively to minimize exposure to the environment. This way many of our vegetables are never treated throughout the growing season unless absolutely necessary. We appreciate your support and look forward to serving your produce needs this growing season.

To join, check out Lawndale Farm on Facebook, our website <u>lawndalefarm.com</u> or call 978-808-6164.